

Gateway Longview

K - 12

Breakfast Menu

Menu is subject to change.

January 2020



Monday	Tuesday	Wednesday	Thursday	Friday
				
6 French Toast Or Cereal with $\frac{1}{2}$ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	7 Pancakes Or Assorted Cereal with $\frac{1}{2}$ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	8 Croissant Breakfast Sandwich Cereal with $\frac{1}{2}$ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	9 Bagel with Cream Cheese/Jelly or Assorted Cereal with $\frac{1}{2}$ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	10 WG Cinnamon Roll Or Assorted Cereal $\frac{1}{2}$ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk
13 Waffles Or Cereal with a $\frac{1}{2}$ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	14 Pancakes Or Cereal w/1/2 Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	15 Croissant Breakfast Sandwich or Cereal with a $\frac{1}{2}$ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	16 Bagel With Cream Cheese/Jelly or Cereal with a $\frac{1}{2}$ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	17 Assorted WG Muffin/ Yogurt or Cereal with a $\frac{1}{2}$ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk
	21 French Toast or Assorted Cereal with a $\frac{1}{2}$ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	22 Biscuit Breakfast Sandwich or Cereal with a $\frac{1}{2}$ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	23 Breakfast Breaks or Assorted Cereal with a $\frac{1}{2}$ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	24 WG Cinnamon Roll Assorted Cereal 1/2 Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk
27 French Toast Sticks Or Cereal with $\frac{1}{2}$ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	28 Apple Frudel Or Cereal with a $\frac{1}{2}$ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	29 Breakfast Burrito or Assorted Cereal with a $\frac{1}{2}$ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	30 Oatmeal with Cinnamon and Brown Sugar Or Assorted Cereal with a $\frac{1}{2}$ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	31 WG Blueberry Muffin Or Assorted Cereal with a $\frac{1}{2}$ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk

For a Complete Breakfast

**Please select one item
from each section**

**Choose one Entrée
Entrée of the Day
Or
Assorted Cereal**

Choose one of the following fruit items

**Assorted Juice
Assorted Fresh Fruit
Assorted Prepared Fruit**

Choose one of the following Milks

**1% White Milk
Fat Free White Milk**

Breakfast Choices Offered Daily

Yogurt Parfait with Homemade Granola

OR

Whole Grain Bagels