

Gateway Longview

K - 12

Breakfast Menu

Menu is subject to change.

November 2020



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Maple Pancakes Or Cereal with $\frac{1}{2}$ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk</p>	<p>3</p> <p>Oatmeal with Cinnamon Or Cereal with a $\frac{1}{2}$ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk</p>	<p>4</p> <p>Breakfast Sandwich Or Assorted Cereal with a $\frac{1}{2}$ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk</p>	<p>5</p> <p>Strawberry Yogurt Parfait $\frac{1}{2}$ Bagel Cereal with a $\frac{1}{2}$ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk</p>	<p>6</p> <p>WG Muffin/Yogurt Or Cereal with a $\frac{1}{2}$ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk</p>
<p>9</p> <p>Waffles and Syrup Or Cereal with $\frac{1}{2}$ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk</p>	<p>10</p> <p>Ultimate Breakfast Round Cereal with $\frac{1}{2}$ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk</p>	<p></p>	<p>12</p> <p>Bagel with Yogurt Or Assorted Cereal with $\frac{1}{2}$ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk</p>	<p>13</p> <p>Hardboiled Egg with a Muffin Or Cereal with $\frac{1}{2}$ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk</p>
<p>16</p> <p>French Toast Sticks Or Cereal with $\frac{1}{2}$ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk</p>	<p>17</p> <p>Maple Pancakes Or Cereal with $\frac{1}{2}$ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk</p>	<p>18</p> <p>Croissant Breakfast Sandwich Cereal with $\frac{1}{2}$ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk</p>	<p>19</p> <p>WG Bagel with Yogurt Or Cereal with $\frac{1}{2}$ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk</p>	<p>20</p> <p>Cinnamon Roll with Yogurt Or Cereal with $\frac{1}{2}$ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk</p>
<p>23</p> <p>Maple Waffles Or Cereal with a $\frac{1}{2}$ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk</p>	<p>24</p> <p>Cinnamon Roll with Yogurt Or Cereal with a $\frac{1}{2}$ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk</p>	<p>25</p> <p>Croissant Breakfast Sand. Or Cereal with a $\frac{1}{2}$ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk</p>	<p></p>	<p></p>
<p>30</p> <p>French Toast Sticks Or Assorted Cereal with a $\frac{1}{2}$ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk</p>	<p></p>	<p></p>	<p></p>	<p></p>

For a Complete Breakfast

**Please select one item
from each section**

Choose one Entrée

Entrée of the Day

Or

Assorted Cereal

Choose one of the following fruit items

Assorted Juice

Assorted Fresh Fruit

Assorted Prepared Fruit

Choose one of the following Milks

1% White Milk

Fat Free White Milk

Breakfast Choices Offered Daily

Whole Grain Bagels