Gateway Longview K - 12

Breakfast Menu

July 2021



Menu is subject to cha	nae.			
Monday	Tuesday	Wednesday	Thursday	Friday
Pancakes with Syrup Or Cereal with ½ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	13 Oatmeal with Cinnamon Or Cereal with a ½ Bagel	Breakfast Pizza Or Assorted Cereal with a ½ Bagel	15 Breakfast Breaks Or Assorted Cereal with a ½ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	16 WG Muffin/Yogurt Or Cereal with a ½ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk
Waffles Or Cereal with ½ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	20 Ultimate Breakfast Round Or Cereal with ½ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	Croissant Breakfast Sand. Or Cereal with ½ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	Bagel with Yogurt Or Assorted Cereal with ½ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	23 Hardboiled Egg with a Muffin Or Assorted Cereal \$\frac{1}{2}\$ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk
French Toast Or Cereal with ½ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	Maple Pancakes Or Cereal with ½ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	28 Croissant Breakfast Sandwich Or Cereal with ½ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	29 Bagel with Yogurt Or Cereal with ½ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	30 Oatmeal with Cinnamon Or Cereal with ½ Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk
	-0-			

For a Complete Breakfast

Please select <u>One</u> item from each section

Choose one Entrée
Entrée of the Day
Or
Assorted Cereal

Choose one of the following fruit items

Assorted Juice
Assorted Fresh Fruit
Assorted Prepared Fruit

Choose one of the following Milks

1% White Milk
Fat Free White Milk

Breakfast Choices Offered Daily

Whole Grain Bagels